

## Sustainability Input

### Facilitator: Anna and Camille

#### Overview

- A Human barometer is opening up conversations about sustainability
- The idea of different levels of sustainability is introduced
- Examples are used to show how different levels are interconnected

#### Needs

##### **Participants (pax):**

- See that there is connection to their event
- Don't feel pointed at or ashamed if they are not into the topic
- See examples to start acting
- Learn something new or connect existing knowledge
- Have some movement to stay awake

##### **Facilitation:**

- Feel that pax are inspired and start thinking about the topic
- Euforia is becoming a more sustainable organization
- See that sustainability always has different layers
- Pax understand how Walk the Talk is connected to sustainability

##### **Euforia (organisation)**

- Participants understand how to apply the values of euforia
- Documentation of who was participating
- Photos and documentation

## **Aims**

Participants are inspired to create the most sustainable imp!act events ever, to think outside the box for solutions and to lead by example and want to make euforia as an organization more sustainable.

## **Objectives of the session**

This session has several SMART objectives that you should be able to tick off after the session:

- Everyone talked to three people about a question linked to sustainability
- Everyone could name 3 different levels for sustainability
- Each Pax set two goals for what he wants to make sustainable at their event

## **Methodology**

welcoming, curios, Interactive, peer to peer, inspiring,

## **Methods**

human barometer, peer to peer, presentation, small group discussion, big circle, voting

## **Important tips**

Moderation

- Make sure that you transmit passion for sustainability, challenge them to be creative, show them that we've been at their place one year ago
- Talk about the bigger vision,
- Remind them no one is perfect! We are not pointing at people but finding fun solutions and learn from and with each other

Materials:

- Tape, Flip Chart or Presi on beamer

## Implementation guideline

Time	Duration	Activity	Key message	Implementation
10:00	20	Human Barometer and peer to peer exchange	<ul style="list-style-type: none"> <li>- You all have some relevant experience</li> <li>- You can learn with and from each other</li> </ul>	<p>2`Explain Human Barometer</p> <p>- we put this scale on the ground, the scale is from I agree to I disagree. On a Scale to 10-0. I will read out a question, than you have to put yourself in a position according to your agreement.</p> <p>That is an exercise to exchange ideas and point of views. There is no right or wrong! Questions?</p> <p><b>First Question: (4min)</b></p> <p><b>1. I think about sustainability on a day to day basis</b></p> <p>Please exchange with someone. If possible, exchange with someone on another spot in the scale. What are your reasons for</p> <p>Thank you for sharing. We just saw one of your greatest strength. The diversity within the group and the chance to learn from each other. Can I hear some of your insights?</p> <p><b>Second question (4min)</b></p> <p><b>2. There is a connection between protecting the environment and proecting people. How much do you agree?</b></p> <p>3`Could someone share why they think the connection is important? What made you stand on this side of the scale?</p> <p><b>Third question (4min)</b></p> <p><b>3. I know how to avoid waste. How much do you agree? A lot or not at all?</b></p> <p>4`Please go together in groups of three and discuss what made you stand were you stood. About what do you agree? You have two minutes.</p> <p>Could each group give a short example.</p>

10:20

5

Presentation

Sustainability is created through finding the best option

I would love to give you a short introduction about 3 layers of sustainability. It is to create a common base around the word sustainability. This is just one concept and obviously there are more, and one could spend a whole workshop just around this topic.  
You might have heard of this before or



There is never just one perspective.  
For example, going to the supermarket buying only the cheapest products. For you short time economic benefits this might be the best but thinking about other aspects and it quickly turns a less beneficial option.  
Example experts and changemakers. Also, when inviting changemakers the sum of them should somehow add up to the middle. You want to give your pax the chance to learn from specialist and be inspired by people from different sectors.

				<p>Encouraging your partners or experts to consider the environment. In the social area I would also consider your team. You have for example limited time resources. So, going out into the woods collecting herbs might be economically and ecologically the best option but it takes time. Searching for options also takes time and thinking options through. That why it good to have different aspects in your mind from the beginning.</p> <p>Give an example of something that is more ecological sustainable but also greatly benefits people</p>
10:25	5	Explanation + video	<ul style="list-style-type: none"> <li>- recycling is not sufficient</li> <li>- <b>Reduce, Reuse, Recycle</b></li> </ul>	<p>Recycling is a trick. It is down cycling. For example, paper, will become a paper in a lower quality. Recycling is for sure better than just throwing things away but it is generally a down cycling. Materials lose quality. Energy is needed to create the material.</p> <p>Show short video clip</p> <p>So wherever possible try to avoid producing any waste in the first place. Like using real dishes instead of throwing away once. Or writing on both side of flip charts. Or buying unpacked goods....</p> <p>Questions?</p>
10:30	5	Present some rules at euphoria	<p>Sustainability is part of the organisation values□we have some rules related to it</p> <ul style="list-style-type: none"> <li>- Vegetarian meals</li> <li>- coS compensation</li> <li>- prefer public transport</li> </ul>	<p>When organising your event, you will also have to do a co2 compensation. For this you need to collect information before, during and after the event. This will help you to make your event more co2 friendly.</p> <p>In the euphoria charter is written that we only pay for vegetarian meals.</p> <p>Encourage public transport for both your team as well as your experts, changemakers and jury members.</p>
10:35	10	Personal Sharing Story telling	<p>Inspire participants</p> <p>Show that there are different solutions</p> <p>No limit to creativity</p>	<p>Show Lorenz picture with the bicycle transport. Bärlauchpesto, Marmelade making as example for what we did as a team</p> <p>Zürich event in 2015 vegan food, Ässbar, seasonal food. Half my kitchen, so no disposable things. Decoration borrow from different people, Start-up for</p>

				<p>catering, organic food, juice from local farmers, transport with the bicycle</p> <p>Zürich event 2016 in kind donations from organic store, dried fruits in big packages so less plastic, changemaker also delivering the food for the event that he presented in the first night</p> <p>Package free food delivery from Suppe auf Pedalen</p> <p>There is no limit to your creativity!!</p> <p>Maybe you have some best practise examples (max 5 min)</p>
10:45	12	<b>Making a small plan pairs</b>	<p>Fix some ideas.</p> <p>Share what they want to apply</p>	<p>It is key to start early with the planning on how to make the event sustainable. Borrowing things, finding alternatives, finding great solutions does take time :)</p> <p>Lets get together in pairs. Please discuss with your partner, what you found most inspiring and what you think you can apply for 10</p> <p>5 sharing</p>
10:57	3	<b>Feedback End</b>		<p>Can you make a dot on the feedback sheet?</p>
	10	<b>Evaluation internal</b>		<p>Quick internal debriefing</p> <p>What went well? Lessons learned?</p>